



We Are All **PHILANTHROPISTS!**

Kindness Changes Everything

3rd-6th Grade Daily Touchpoint Curriculum

Overview

"We Are All Philanthropists" is a 6 week series instructing students 3rd-6th grade towards understanding, appreciating, experiencing and executing philanthropy.

Objectives

1. Students will understand philanthropy to be defined as: acting to make a difference in the world for the benefit of others. Broadly defined as **love for humankind**.
2. Students will hear from other philanthropists who are making differences in their communities and worldwide.
3. Students will engage with philanthropic ideas and question how kindness, empathy/compassion, passion/purpose, respect, gratitude and acts of service relate to philanthropy.
 - Week 1- Kindness
 - Week 2- Empathy/Compassion
 - Week 3- Passion/Purpose
 - Week 4- Respect
 - Week 5- Gratitude
 - Week 6- Acts of Service

Key

Sentences in red are read aloud
Sentences in black tell what to do next

Week 1- Kindness

Monday

1. Pre-Program Qualitative Data Gathering.

Pre-Program Questionnaire

- Pass out questionnaire and instructor read aloud while students complete the form.
 1. *Do you know what the word “Philanthropy” means? If yes, give an example?*
 2. *Do you think you are a kind person? If yes, explain why?*
 3. *Does compassion mean...(circle one)*
 - A. *Helping someone feel better*
 - B. *Loving something*
 - C. *A device that tells direction*
 4. *Do you have a passion, talent or interest? If yes, what is it?*
 5. *Do you have anyone that you “look up to” or have great respect for? If yes, who is it and why?*
 6. *How do you feel when you help others?*
 - A. *Happy*
 - B. *Sad*
 - C. *No difference*

2. Introduce “PHIL the Philanthropist”

- Read “We Are All Philanthropists” storybook or PDF version
[We Are All Philanthropists PDF](#)

3. Introduce the definition of Philanthropy

- *We’ve read about PHIL the Philanthropist and his friends, but what does the word Philanthropy really mean? After the story, can anyone remember or guess the definition?*
 - Work with students to create/explain the definition of Philanthropy- love of humankind, love of people or basically love of each other.
 - Could be written on a board or large chart paper and be visible and continued to be added to throughout the program.
- *PHILANTHROPY is the love of people and a PHILANTHROPIST is the person that shows love for people through their actions.....like PHIL!*
- *Philanthropy is all the different ways we can be giving of ourselves for the good of others.*
- *Philanthropy can be about speaking up for a friend or an issue, being a good listener, sharing your resources, helping someone do something or teaching someone something new.*
- *The possibilities are endless and it can easily begin with simply being a kind person which means we all have the opportunity to be a Philanthropist like PHIL.*

4. Attribute Overview- Kindness

- *Today we are going to look deeper into what being kind really means.*
- **KINDNESS** *is the quality of being friendly, generous and considerate. EX: Phil and Yash helped Mr. Drew get back to his feet after falling off of his stool.*

5. “Acts of Philanthropy Challenge”

- Pass out “My Acts of Philanthropy Sheet”

[My Acts of Philanthropy Log Sheet](#)

- *Now it's time to see how much fun being a Philanthropist can be!*
- *This week, any time you do something **KIND** for someone or see someone else do something **KIND**, write it down on your “My Acts of Philanthropy Sheet”.*
- *Let's see how many “acts of philanthropy” we can do throughout the program.*
 - *Role play how it works. (Open a door, smile, compliment, help someone etc.)*
- *Any questions about the challenge?*
- *DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!*

Tuesday

1. Whiteboard Video- Kindness

- *Today we are going to watch a quick video describing some ways that you can show kindness in your lives.*

[Kindness Whiteboard](#)

- *What are some ways that you have shown kindness or had kindness shown to you?*
 - *Group discuss the whiteboard and let students give specific examples from their lives.*

2. Review “Acts of Philanthropy Challenge”

- *How did everyone do with their “acts of philanthropy” yesterday?*
 - *Let students discuss specific “acts” that they did or saw*
- *DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!*

Wednesday

1. Video- Sophie Annabella from Spreading Kindness with Sophie (2 min 57 sec)

- *Today we are going to hear from a young Philanthropist and how she started spreading kindness throughout her community.*

[Sophie Annabella Video](#)

- *Remember, anyone, no matter what age or where they live, can be a Philanthropist.*
- *Questions? Comments?*
- *DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!*

Thursday

1. Activity Sheet

- Pass out “Coloring Sheet A”

[Coloring Sheet A](#)

- Have students color the activity sheet while discussing the following.....
 - *Philanthropy can look different to everyone depending on where they are in life. For example, Phil was a student, friend, teammate and neighbor and had many opportunities to be a philanthropist even though he thought he was JUST A KID!*
 - *Sometimes it takes us looking at ourselves and finding our current passions, talents or interests or even looking at our neighborhood and community to recognize a need, before we figure out how to best help others.*
 - *This will change throughout our lifetime but if you can find these now, you can easily sprinkle kindness throughout your community today!*
 - *Questions? Comments?*
 - *DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!*

Friday

1. Create a “Chain of Philanthropy” (OR preferred visual tracking)

- Be sure students have their “My Acts of Philanthropy Sheet” to refer to.
- Have students write down their “acts of philanthropy” from this week on 1 in. strips of construction paper and start linking the chain. (Helps to have already prepared construction paper cut in 1 in. strips, then staple and hang)
- Hang in an area that students can see the progress throughout program.
- Could make it a challenge against each person/class to get the longest chain.
 - *DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!*

Week 2- Empathy/Compassion

Monday

1. Attribute Overview- Empathy/Compassion

- Remember the book we read last week about Phil and his friends?
- Today we are going to look at 2 similar words that we heard in the book....**Empathy & Compassion**
- **Empathy** is our feeling of **awareness** toward other people's emotions and an attempt to understand how they feel.
- An example would be... EX: Phil notices that Sophie looks sad sitting by herself in the cafeteria.
- **Compassion** is an emotional **response** to other people's emotions and feelings and wanting to relieve their suffering.
- An example would be...EX: Phil and Yash go sit with Sophie since she looks sad sitting all alone.

2. "Acts of Philanthropy Challenge"

- Now it's time to again see how much fun being a Philanthropist can be!
- This week, any time you do something or see someone else do something that shows **EMPATHY** or **COMPASSION** for someone, write it down on your "My Acts of Philanthropy Sheet".
- Let's see how many "acts of philanthropy" we can do throughout the program.
- Any questions about the challenge?
 - Give some examples and role play how it works if needed
- **DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!**

Tuesday

1. Whiteboard Video- Empathy/Compassion

- Today we are going to watch a quick video describing empathy and compassion
Empathy/Compassion Whiteboard
 - Group discuss the whiteboard video
 - Have teachers/students role play and have students pick out signs of empathy and compassion.
- 1. A child is sitting alone crying. How would you show empathy and compassion? (Similar to book example of Sophie in cafeteria)
 - Empathy= Recognize he/she is alone and upset.
 - Compassion= Go sit with the child.
- 2. Someone falls down and hurts themselves. How would you show empathy and compassion?
 - Empathy= Recognize they are in pain.
 - Compassion= Help them up.
- 3. Grandma can't reach an item in the cabinet. How would you show empathy and compassion?
 - Empathy= Recognize that Grandma is frustrated that she cannot reach the item in the cabinet.
 - Compassion= Help get the item down for her.

2. Review "Act of Philanthropy Challenge"

- How did everyone do with their "acts of philanthropy" yesterday?
 - Let students discuss specific "acts" that they did or saw
- **DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!**

Wednesday

1. Video- Steve Hartman, Kindness 101- Empathy (5 min 58 sec)

- *Today we are going to watch a short video by Steve Hartman and his two children that introduces us to a young boy named Austin.*
- *Even at a young age, Austin shows great empathy for those in need in his community.*
- *This lead him to show great compassion for these individuals*

Kindness 101- Empathy

- Group discuss the video
- ***DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!***

Thursday

1. Activity Sheet

- Pass out "Kindness is a Superhero Sheet"
Kindness is a Superpower
- *Lets think about what your superpower might be and design what your badge might look like*
- *Your superpower might be something little or it might be something big, but everything can make a difference in someones life*
- *Questions? Comments?*
- ***DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!***

Friday

1. Add to the "Chain of Philanthropy" (OR preferred visual tracker)

- Be sure students have their "My Acts of Philanthropy Sheet" to refer to
- Have students write down their "acts of philanthropy" from this week on 1 in. strips of construction paper and start linking the chain. (Helps to have already prepared construction paper cut in 1in. strips, then staple and hang)
- Hang in an area that students can see the progress throughout program.
- Could make it a challenge between each person/class to get the longest chain.
 - ***DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!***

Week 3- Passion/Purpose

Monday

1. Attribute Overview- Passion/Purpose

- Sometimes our talents, passions and interests can be used when being a Philanthropist.
- **PASSION**- Is an intense enthusiasm for something. EX: Peyton's passion for soccer was very apparent after watching him practice his soccer drills so vigorously.
- **PURPOSE**- Is a goal we set for ourselves to help others. EX: Peyton showed great purpose in taking time to teach others soccer drills.
- Do you have anything that excites you or that you think you are especially good at? A sport? Singing? Writing stories? A certain subject in school? A hobby? Etc.
- How can you use it to help others?
 - Discuss ways students can use their passions to serve others.

2. "Acts of Philanthropy Challenge"

- Now it's time to again see how much fun being a Philanthropist can be!
- This week, any time you do something, or see someone else do something that uses **PASSION/PURPOSE** to help others, write it down on your "My Acts of Philanthropy Sheet".
- Let's see how many "acts of philanthropy" we can do throughout the program.
- Any questions about the challenge?
 - Give some examples and role play how it works if needed.
- **DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!**

Tuesday

1. Whiteboard Video- Passion/Purpose

- Today we are going to watch a quick video describing passion and purpose
[Passion/Purpose Whiteboard](#)
 - Group discuss the whiteboard video

2. Review "Acts of Philanthropy Challenge"

- How did everyone due with their "acts of philanthropy" yesterday?
 - Let students discuss specific "acts" that they did or saw
- **DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!**

Wednesday

1. Video- Steve Hartman, Kindness 101- Purpose (18 min 28 sec) (We recommend stopping the video at 10 minutes 51 seconds for best utilization of time.)

- Finding ones passions and purpose doesn't just help others, it can also help ourselves find more joy in life
- Today we are going to hear about two people who found their purpose in some surprising ways.
[Kindness 101- Purpose](#)
- Did you notice how Malcoms purpose changed throughout his life?
- His natural ability to play football was a passion at one point in his life but he found greater purpose in something that he had to work hard to achieve
- What are some passions of yours? Can be things that come easy or things you've had to work at.
 - Let students discuss specific "passions"
- Questions? Comments?
- **DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!**

Thursday

1. Activity Sheet

- Pass out “Word Scramble”
Word Scramble
- *Phil and his friends described and showed several ways that you can be a Philanthropist in your community but there are many more attributes that can be included*
- *Today we are going to do a word search to look at some other places and words that can be related to philanthropy.*
 - Give students a few minutes to complete on their own
 - Can finish as a group while discussing words
- ***DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!***

Friday

1. Add to the “Chain of Philanthropy” (OR preferred visual tracker)

- Be sure students have their “My Acts of Philanthropy Sheet” to refer to
- Have students write down their “acts of philanthropy” from this week on 1 in. strips of construction paper and start linking the chain. (Helps to have already prepared construction paper cut in 1in. strips, then staple and hang)
- Hang in an area that students can see the progress throughout program.
- Could make it a challenge between each person/class to get the longest chain.
 - ***DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!***

Week 4- Respect

Monday

1. Attribute Overview- Respect

- We have discussed in depth Kindness, Empathy/Compassion and Passion/Purpose in the last couple weeks.
- Today we are going to discuss Respect and how it is connected to Philanthropy and being Philanthropists.
- **Respect** is a feeling of appreciation for someone's achievements or abilities. Sometimes you look up to this person. EX: Addie showed respect for her younger neighbors, making them feel noticed and valued when she bought lemonade and “not so pretty” cookies.
- Does anyone have examples from their life where they have shown respect to someone or been given respect?
 - Group discuss

2. “Acts of Philanthropy Challenge”

- Now it's time to again see how much fun being a Philanthropist can be!
- This week, any time you do something or see someone else do something that shows **RESPECT** for someone, write it down on your “My Acts of Philanthropy Sheet”.
- Let's see how many “acts of philanthropy” we can do throughout the program.
- Any questions about the challenge?
 - Give some examples and role play how it works if needed.
- **DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!**

Tuesday

1. Whiteboard Video- Respect

- Today we are going to watch a quick video describing Respect [Respect Whiteboard](#)
 - Group discuss the whiteboard video

2. Review “Acts of Philanthropy Challenge”

- How did everyone do with their “acts of philanthropy” yesterday?
 - Let students discuss specific “acts” that they did or saw
- **DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!**

Wednesday

1. Video- Steve Hartman, Kindness 101- Respect (5 min 40 sec)

- Today we are going to hear from a young man who shows great respect for people he has never even met. Lets listen.

[Kindness 101- Respect](#)

- Wow! Rishi shows great respect by simply listening to these Veterans.
- What are some ways that you can show respect for others?
 - Have students group discuss
- Questions? Comments?
- **DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!**

Thursday

1. Activity Sheet

- Pass out “Who Do You Respect?” Activity sheet
Who Do You Respect
- *Who is someone you have great respect for and how might you show them?*
 - Have students discuss individuals in their personal lives that they look up to and/or respect.
 - Teacher give an example specific to their life
- *Who are people in history, celebrities or sports figures who you do not know personally, but you have great respect for? Why?*
 - Have students group discuss
 - Have students fill out the “Who Do You Respect Sheet”
- *Questions? Comments?*
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Friday

1. Add to the “Chain of Philanthropy” (OR preferred visual tracker)

- Be sure students have their “My Acts of Philanthropy Sheet” to refer to
- Have students write down their “acts of philanthropy” from this week on 1 in. strips of construction paper and start linking the chain. (Helps to have already prepared construction paper cut in 1in. strips, then staple and hang)
- Hang in an area that students can see the progress throughout program.
- Could make it a challenge between each person/class to get the longest chain.
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Week 5- Gratitude

Monday

1. Attribute Overview- Gratitude

- Today we are going to discuss Gratitude and how it relates to Philanthropy.
- Does anyone think they know the definition of gratitude?
- **GRATITUDE** is to feel thankful for the things in your life.
- An example would be... EX: Brigham, Bennett and Weston were so appreciative of the cookie purchase that they thanked their neighbors by giving them bracelets.
- Let's think of some things that we may or may not always remember to show gratitude for...
 - Do you tell someone thank you for a gift?
 - When someone opens a door for you?
 - What about your parents for cooking dinner, doing your laundry or tucking you into bed?
 - Custodians for keeping your schools clean?
- Sometimes we forget all of the things there are to be thankful for.

2. "Acts of Philanthropy Challenge"

- Now it's time to again see how much fun being a Philanthropist can be!
- This week, any time you do something or see someone else do something that shows **GRATITUDE**, write it down on your "My Acts of Philanthropy Sheet".
- Let's see how many "acts of philanthropy" we can do throughout the program.
- Any questions about the challenge?
 - Give some examples and role play how it works if needed.
- **DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!**

Tuesday

1. Whiteboard Video- Gratitude

- Today we are going to watch a quick video describing Gratitude
[Gratitude Whiteboard](#)
- Wow! There are so many things that we can be thankful for in our lives both big and small.
 - Group discuss whiteboard video
- **DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!**

Wednesday

1. Video- Jaimie Sheth with the JD Sheth Foundation (4 min 50 sec)

- Today, we are going to hear from a Philanthropist as she discusses how her "roots" lead her to discover philanthropy and create her own Foundation.
- She now works in her community of Evansville, Indiana and has also traveled the world helping others.
[Jaimie Sheth Video](#)
- Sometimes it takes us seeing or hearing about someone else's life and experiences, that helps us recognize how we too can help others..
- Gratitude lead Jaimie to pursue her dream of helping others who might not have the resources that we do.
- Questions? Comments?
- **DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!**

Thursday

1. Activity Sheet

- *After learning more about Gratitude the last couple days, have you thought any more about things in your life that you are thankful for?*
 - Group discuss
 - Pass out “Gratitude Activity sheet”
- Gratitude
- *Draw or write 3 things you are grateful for in your life*
- *Questions? Comments?*
- *DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!*

Friday

1. Add to the “Chain of Philanthropy” (OR preferred visual tracker)

- Be sure students have their “MyActs of Philanthropy Sheet” to refer to
- Have students write down their “acts of philanthropy” from this week on 1 in. strips of construction paper and start linking the chain. (Helps to have already prepared construction paper cut in 1in. strips, then staple and hang)
- Hang in an area that students can see the progress throughout program.
- Could make it a challenge between each person/class to get the longest chain.
 - *DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!*

Week 6- Acts of Service

Monday

1. Attribute Overview- Acts of Service

- *Today we are going to look at the word service.*
- *Does anyone think they know the definition of service?*
- **SERVICE** is the action of helping others to a better life through the giving of your time and/or talent.
- *An example would be...EX: The students helped clean up Mr. Drew's yard since his wing was injured.*
- *OR.....Peyton took something he was good at... Soccer... and helped others who needed help.*
- *He used his passion and purpose to provide a service to others in need.*
- *Giving of your time and talent is a way to be a Philanthropist.*

2. "Acts of Philanthropy Challenge"

- *Now it's time to again see how much fun being a Philanthropist can be!*
- *This week, any time you do something or see someone else do something that shows an act of **SERVICE**, write it down on your "My Acts of Philanthropy Sheet".*
- *Let's see how many "acts of philanthropy" we can do throughout the program.*
- *Any questions about the challenge?*
 - *Give some examples and role play how it works if needed.*
- ***DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!***

Tuesday

1. Whiteboard Video- Service

- *Today we are going to watch a quick video describing service*
[Service Whiteboard](#)
- *What are some "acts of service" that you have done or have been done for/to you?*
 - *Group discuss whiteboard video*
- ***DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!***

Wednesday

1. Video- Steve Hartman, Kindness 101- Service (5 min 8 sec)

[Kindness 101- Service](#)

- *Did anything surprise you about what the residents asked for?*
- *Ruby's interaction with the residents was the most impactful.....not the Vienna sausages!*
- *Have any of you ever helped anyone or done anything for no pay?*
 - *Group discuss*
- *Questions? Comments?*
- ***DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!***

Thursday

1. Activity Sheet (Have a list of community programs in your area prepared prior to the lesson)

- Pass out “Where Can You Serve” Activity Sheet
- Where Can You Serve**
- *Philanthropy can look different to everyone depending on where they are in life and what their neighborhood and community needs might be.*
 - *What are some specific organizations in your community that might fall in line with your interests?*
 - *Where can you serve?*
 - Group discuss how and where students can find ways to serve/volunteer and fill in specific organizations in the community.

EXAMPLES

Environmental- Recycling, Climate, Conservation
Community- Veterans, Police/Fire/EMT, Neighborhood Revitalization
Sports & Clubs- Coaching, Officiating
Animal- Rescue and Care, Wildlife Conservation, Zoos
School & Church- Tutoring, Mentoring, Volunteering
Healthcare- Longterm Care Facilities, Hospitals

- Students might not fill every circle in if that particular topic doesn't interest them
- List community programs in your area. (This will look different in every community)
- *Questions? Comments?*
- *DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!*

Friday

1. Add to the “Chain of Philanthropy” (OR preferred visual tracker)

- Be sure students have their “My Acts of Philanthropy Sheet” to refer to
- Have students write down their “acts of philanthropy” from this week on 1 in. strips of construction paper and start linking the chain. (Helps to have already prepared construction paper cut in 1in. strips, then staple and hang)
- Hang in an area that students can see the progress throughout program.
- Could make it a challenge between each person/class to get the longest chain.
 - *DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!*

2. Post- Program Qualitative Data Gathering

Post-Program Questionnaire

- Pass out questionnaire and instructor read aloud while students complete the form.
 1. *Do you know what the word “Philanthropy” means? If yes, give an example?*
 2. *Do you think you are a kind person? If yes, explain why?*
 3. *Does compassion mean...(circle one)*
 - D. *Helping someone feel better*
 - E. *Loving something*
 - F. *A device that tells direction*
 4. *Do you have a passion, talent or interest? If yes, what is it?*
 5. *Do you have anyone that you “look up to” or have great respect for? If yes, who is it and why?*
 6. *How do you feel when you help others?*
 - A. *Happy*
 - B. *Sad*
 - C. *No difference*

3. (OPTIONAL) “We Are Philanthropists Group Challenge”

- *Can we continue being Philanthropists as a group?*
- *I challenge our classroom to come up with 3 possible areas of interest that we can serve and even more challenging, let's try to do this without collecting money.*
- *This can be a certain group of people, places or things that we would like to serve.*
 - Examples- children, elderly, animals, the homeless, people experiencing a medical crisis, Etc.
 - From the top three, select one project for the group to complete.
 - Create an action plan and follow through with the philanthropic ideas.
- ***DON'T FORGET TO BE A PHILANTHROPIST LIKE PHIL!!!!***

**** IF COMPETING, STUDENT OR CLASS WITH THE MOST “ACTS OF PHILANTHROPY” COULD WIN A PRIZE**

**** CELEBRATION FOR EVERYONE IS FUN (PIZZA PARTY, COOKIES ETC.)**

**** SPREAD THE WORD THROUGHOUT YOUR COMMUNITY ON HOW MANY “ACTS OF PHILANTHROPY” WERE COMPLETED IN YOUR ORGANIZATION OR TELL ABOUT YOUR GROUP CHALLENGE**

**** WE WOULD LOVE YOUR FEEDBACK AND TO HEAR ABOUT YOUR EXPERIENCE WITH THE PROGRAM AND YOUR GROUP CHALLENGES! FEEL FREE TO CLICK ON THE CONTACT SECTION ON OUR WEBSITE TO SEND US AN EMAIL**

****COMPARE THE DIFFERENCE IN PRE AND POST QUESTIONNAIRES. WE'D LOVE IF YOU COULD SHARE THE RESULTS WITH US!**